

Tec medical graduates: highest acceptance rate on residency programs



Standing out are the Guadalajara campus, ranked first; the Mexico City campus, ranked fourth; and the Monterrey campus, ranked fifth, with graduates from all three campuses achieving the highest scores.

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Courtesy of EMCS

Tec de Monterrey's School of Medicine and Health Sciences (EMCS) ranked **third out of the top five** in the overall average score on the **National Exam for Medical Residency Applicants (ENARM)**, in which **two out of every three** graduates are selected.

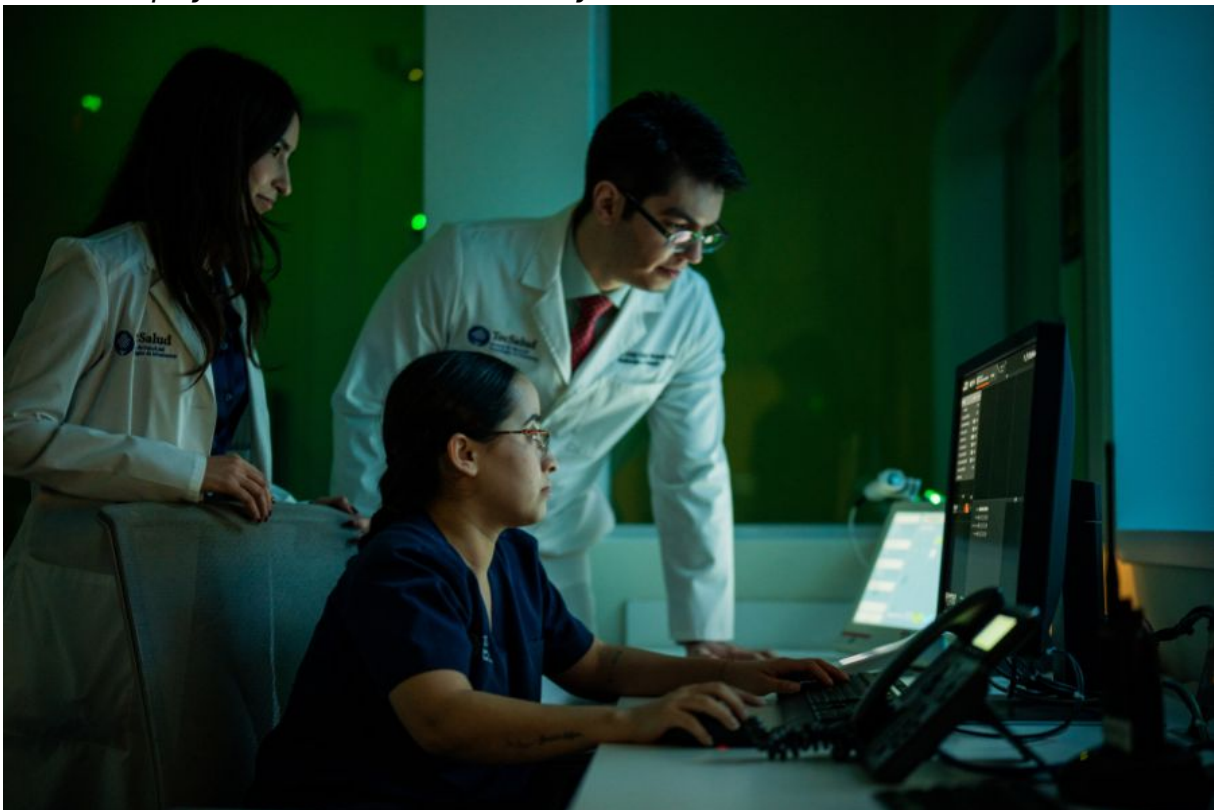
ENARM is an annual exam organized by the **Interinstitutional Commission for the Training of Health Personnel (CIFRHS)**, which assesses the general medical knowledge of the physicians taking the exam.

The three EMCS campuses that were recognized are: **Guadalajara**, in **first place**; **Mexico City**, in **fourth** place; and **Monterrey**, in **fifth place**, whose graduates achieved the **highest scores** on the exam.

According to figures from the **2025 ENARM**, **44,911 applicants** from across the country took the exam, of whom **15,779** were selected.

65.1% of the medical students from the Guadalajara campus were selected, while **58.2%** were selected from the **Mexico City and Monterrey campuses**.

The EMCS training program combines clinical experience, innovation, research, and academic guidance to foster the well-rounded development of future physicians. Photo: Courtesy of EMCS



Six out of every ten Tec medical school graduates are selected

According to the **ENARM Comparative Report 2021-2025**, EMCS has the highest cumulative admission rate, at **66.6%**, as well as the highest average score on the placement exams, compared to seven other universities.

During that same period, **1,349 graduates from the EMCS School of Medicine took the exam**, and **898 were accepted** on a medical residency program.

According to **Luis Herrera Montalvo**, National Dean of the EMCS, these results represent external validation of the **academic and clinical quality** of the education students receive.

*"This result confirms that our educational model trains professionals with the skill to meet the **country's most demanding standards**; it reflects years of dedication, discipline, and commitment to excellence," he said.*

What's behind these results?

According to Herrera, the graduates' performance results from an educational model that combines **scientific knowledge, early clinical experience, advanced simulation, challenge-based learning**, and **close guidance** from professors and mentors.

What's more, students complete more than **3,000 hours of clinical rotations** during the final years of their degree program, which allows them to strengthen their skills in medical reasoning, decision-making, and people-centered care.

*"The consistent performance of our graduates demonstrates that they **acquire solid clinical knowledge, medical reasoning skills**, and the ability to make*

effective decisions.”

*“Beyond exam preparation, it reflects **an education focused on innovation** and a people-centered approach,” he said.*

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Preparation for exams such as ENARM is built up throughout medical school through study, clinical practice, and teamwork. Photo: Courtesy of EMCS



What sets Tec medicine apart?

According to the dean, one of the main distinguishing features of the School of Medicine and Health Sciences is the integration of **academic excellence, research, innovation, international experiences, and clinical training.**

The educational model helps future doctors learn to **solve complex problems, work in multidisciplinary teams,** and maintain a **mindset of continuous learning.**

*“These skills complement **medical knowledge** and improve performance on highly demanding exams, such as ENARM,” he said.*

The EMCS training program combines clinical experience, innovation, research, and academic guidance to foster the well-rounded development of future physicians. Photo: Courtesy of EMCS



Which students stand out on ENARM?

Although performance on ENARM depends on many factors, Herrera highlights that students with the highest scores tend to share **certain characteristics**.

*“Overall, we see students who demonstrate **strong academic discipline**, organizational skills, perseverance, and good study habits.*

*“What also stands out is their **intellectual curiosity**, their clinical analysis skill, and their willingness to accept criticism and continuously improve,”* he said.

Besides their academic performance, the dean pointed out that they tend to be **young people who are committed** to their professional training and have a clear calling to serve others.

*“Beyond their individual talent, they tend to be students who are committed to their education and have **a clear calling to serve others**,”* he said.

Academic discipline, intellectual curiosity, and solid study habits are some of the characteristics that set high-achieving students apart. Photo: Courtesy of EMCS



A message for future doctors

Herrera encouraged those aspiring to study medicine to **make the most of every academic and clinical experience** as an opportunity for their professional development.

*“Preparation for this exam is not limited to the months leading up to the test but rather takes place throughout **one’s entire career**.”*

*“Stay **disciplined**, keep your curiosity to learn, and remain committed to your patients,”* he said.

He also highlighted that the graduates’ achievements reflect the importance of providing a **well-rounded education** from the very beginning of their studies.

“ENARM is an important goal, but it is also the result of a training process that begins on the first day of medical school,” he added.

“Stay disciplined, keep your curiosity to learn, and remain committed to your patients.”

Students from the School of Medicine and Health Sciences participate in academic and clinical discussion activities as part of their professional training. Photo: Courtesy of EMCS



The **National Medical Residency Admission Exam (ENARM for its initials in Spanish)** is the test used by healthcare institutions in Mexico to select physicians who will be admitted to residency programs.

Every year, thousands of medical school graduates take this exam to qualify for a residency position in specialties such as **surgery, pediatrics, gynecology, internal medicine**, and **others**.

Due to its high level of difficulty and the limited number of available spots, ENARM is considered one of the **most competitive selection processes** for healthcare professionals in the country.

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